



6 PLAYER SUBBING SHEET

	Names	Time											
		1 ST 18	15	12	9	6	3	2 ND 18	18	12	9	6	3
1		X	X	X	X	X	O	X	X	X	X	X	O
2		X	X	X	X	O	X	X	X	X	X	O	X
3		X	X	X	O	X	X	X	X	X	O	X	X
4		X	X	O	X	X	X	X	X	O	X	X	X
5		X	O	X	X	X	X	X	O	X	X	X	X
6		O	X	X	X	X	X	O	X	X	X	X	X

Game Details: _____
 Notes about game: _____

Rules

Rotate week to week player numbers to begin the game.

Remember there will be a small difference in when you sub as sometimes timing may be slightly out due to whistles and things out of your control.

X - In Game, O - Out Game



7 PLAYER SUBBING SHEET

		Time							
1	Names	1 ST 18	13	9	4	2 ND 18	13	9	4
2		X	X	X	O	X	X	O	X
3		X	X	O	X	X	X	O	X
4		X	X	O	X	X	O	X	X
5		X	O	X	X	X	O	X	X
6		X	O	X	X	O	X	X	X
7		O	X	X	X	O	X	X	O
		O	X	X	O	X	X	X	O

Game Details: _____
 Notes about game: _____

Rules

Rotate week to week player numbers to begin the game.

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X - In Game, O - Out Game



8 PLAYER SUBBING SHEET

OPTION 1

Time

	Names	1 ST 18	13	9	4	2 ND 18	13	9	4
1		X	X	O	X	X	O	X	O
2		X	X	O	X	O	X	X	O
3		X	O	X	X	O	X	X	O
4		X	O	X	X	O	X	O	X
5		X	O	X	O	X	X	O	X
6		O	X	X	O	X	X	O	X
7		O	X	X	O	X	O	X	X
8		O	X	O	X	X	O	X	X

OPTION 2

Time

	Names	1 ST 18	13	9	4	2 ND 18	13	9	4
1		X	X	O	O	X	X	O	X
2		X	X	O	X	X	O	X	O
3		X	X	O	X	O	X	X	O
4		X	O	X	X	O	X	X	O
5		X	O	X	X	O	X	O	X
6		O	X	X	O	X	X	O	X
7		O	X	X	O	X	O	X	X
8		O	O	X	X	X	O	X	X

Game Details: _____

Notes about game: _____

Rules

Rotate week to week player numbers to begin the game.

Remember there will be a small difference in when you sub as sometimes timing may be slightly out due to whistles and things out of your control.

X - In Game, O - Out Game



9 PLAYER SUBBING SHEET

	Names	Time							
		1 ST 18	13	9	4	2 ND 18	13	9	4
1		X	X	X	O	O	X	X	O
2		X	X	O	O	X	X	X	O
3		X	X	O	O	X	X	O	O
4		X	O	O	X	X	X	O	O
5		X	O	O	X	X	O	O	X
6		O	O	X	X	X	O	O	X
7		O	O	X	X	O	O	X	X
8		O	X	X	X	O	O	X	X
9		O	X	X	O	O	X	X	X

Game Details: _____

Notes about game: _____

Rules

Rotate week to week player numbers to begin the game.

Remember there will be a small difference in when you sub as sometimes timing may be slightly out due to whistles and things out of your control.

X - In Game, O - Out Game